

PARTNER IN PARENTING

To Raise Independent Kids

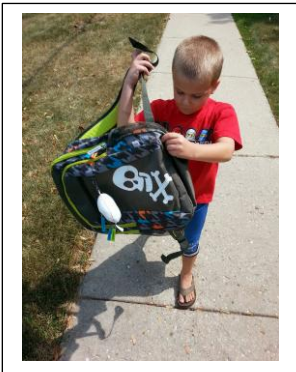
NO CARRY MONTH
PARENTS DON'T CARRY KID'S THINGS



Name: _____

As parents, we want to make sure our kids have confidence to grow and be independent. To grow that confidence, it starts with instilling them with a sense of accomplishment. Our next skill that we are encouraging kids to do is to carry all their things. They need to have that sense of responsibility for their backpack, sports gear, lunch box, and anything else they need. It is their stuff and no one else's

As we are heading back to school, instill that sense of responsibility. I remember a time when our youngest didn't want to carry his backpack home from kindergarten. The 10-minute walk took 45 because we refused to carry it for him. The next day, he proudly carried it all the way to school because it was no longer too hard for him. He realized he could do it. Not gonna lie, that was definitely a difficult and frustrating moment. But since then, he takes care of his things, including things to do on long car rides. 😊 We want our kids to be self-sufficient and independent. This month, that starts with carrying their own stuff.



Every time you are caught carrying your own things, it is worth 1 black tape.

Parents: take a picture and share it at the desk or on the parent page. Your student earns a black belt attitude tape.

Students: We catch you carrying your own stuff into the studio, you earn a black belt attitude tape.

Show your black belt attitude everywhere you go by carrying your own things.

What things do you carry every day?

Make a list. It could include your backpack, sports bags, lunch boxes, etc.
