

PARTNER IN PARENTING



To Raise Independent Kids

REARRANGE YOUR ROOM

Name: _____

As parents, we want to make sure our kids have confidence to grow and be independent. To grow that confidence, it starts with instilling them with a sense of accomplishment. Our next skill that we are encouraging you to do is rearrange their room. Not you, them. This is about ownership. It's their room, they should own and decide on everything in it. Confidence grows from the feeling that "I did it." Responsibility goes along with ownership. It is their responsibility to decide what toys to keep, where furniture sits, etc. They are a grade older and it's a good time to guide them into assessing where they are at. "Now that you're a grade older....." Do they still need these toys, these clothes? What else changes as they have grown?

Go through toys and clothes. What have they grown out of? With younger kids, parents you may have to assist. With older kids, parents let them decide and do it on their own.

Do they want to move any furniture around? Maybe put their bed on a different wall or their dresser in their closet. Consult with them to make sure things are in a safe place, but the decision is their own. If their decision is silly or won't work, let them discover that. IT'S NOT YOUR ROOM. Plus, this is why we are doing it in the summer.

Before anything is donated, thrown away, or stored, have the discussion of what should stay because it will be needed or has sentimental value. Kids don't always see this point.

As you go through your room, make a list of what you've outgrown. On the back of the page, draw a picture of your room.

Remember to draw a picture of your room on the back!