

# TRUE CHARACTER



A Balanced Approach to  
Character Development

March

## Adaptability – Teens & Adults

Name: \_\_\_\_\_

Adaptability means being able and willing to change. The world is always changing and those changes can be uncomfortable at times. When we learn from each other, we see our similarities and our differences. When we are adaptable we can learn and grow from each other. Below, explain your adaptability.

We all behave differently depending on the cultural circumstances (ie eating with chopsticks when eating East Asian food). What is their reason for doing that? \_\_\_\_\_

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Describe a situation in which new understandings helped you adapt your interactions with others.

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Suppose you were assigned to help a new immigrant family from the middle east to help prepare their children to attend our high school. What four things would you do to help them (assume they already speak English)? \_\_\_\_\_

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