

# TRUE CHARACTER




A Balanced Approach to  
Character Development



## Discipline – Young Kids

Name: \_\_\_\_\_

Discipline means “I do what needs to be done before I play!” Sometimes showing discipline is difficult. It involves controlling our actions until we achieve our goals. It also involves making positive choices and recognizing what won’t help us achieve our goals. Below, read the stories and decide which choice helps them show discipline. Color in that choice.

Story	Color in the one that shows discipline.	
Sam thinks karate is fun. She wants to do better at a tournament. 	She only practices her blocks.	She practices her forms and techniques every day.
Joe thinks books are fun. He wants to read on his own. 	He practices reading every day with his family.	He plays video games and says he practice reading then.
Matt thinks his room is smelly. He wants to clean his room and keep it clean. 	He sets a timer to clean his room and puts things away quickly. He also puts things away as he finishes with them.	He leaves a mess and drops items as he goes. He leaves clothes and toys where they lay.