

A Balanced Approach to **Character Development**

February

Discipline – School Age

Name:

Discipline means "I do what needs to be done before I play!" Sometimes showing discipline is difficult. It involves recognizing what needs to be done and working towards it. To show our discipline, remember your goal is what you "Want", your steps to completing that goal are what you "Will" do, and you "Won't" do things that get in the way of your goal. Below: fill in your "want," your "will," and your "won't."

I Want:	I Will:	What are the positives for using Discipline?
		What are the negatives when we lack Discipline?
I Won't:		