








WEEKLY JOB LIST - YOUNG KIDS

Student Name: _____

Age: _____

Building Good Habits to Last a Lifetime

This job list is some common jobs, however modify to whatever is sufficient in your home. Weekly cycles start on the Sunday after belt graduation- maximum of eight job lists will be accepted for each cycle (a student can not receive more than eight attitude stripes.)

Job List	SUN	MON	TUE	WED	THU	FRI	SAT
Brush Teeth 							
Make Bed 							
Be Kind to Family 							
Practice ABC's and 1,2,3's 							
Have a Black Belt Attitude							
Your Choice 							
Pick up toys 							
Put on Pajamas 							
My Goal for this week is...							

Things I'm Grateful for this week:
1
2
3

Parent Signature _____

Date _____

Stripe

Instructor Signature _____

Date _____



ON A QUEST TO BE THE BEST!!