

WEEKLY JOB LIST

STUDENT NAME _____ AGE _____

DEVELOPING GOOD HABITS THAT WILL LAST A LIFETIME.

This job list is some common jobs around the home, however modify it to whatever is sufficient in your home. Weekly cycles start on the Sunday after belt graduation- maximum of eight job lists will be accepted for each cycle (a student cannot receive more than eight attitude stripes.)

Write your other chores in the blank spaces!

Week Starting: ___/___/___	SUN	MON	TUE	WED	THU	FRI	SAT
CLEAN ROOM							
Make my own bed							
Hang up my clothes							
Put my things away every day							
SELF CARE							
Brush my teeth (morning and night)							
Take a bath (Hung up towel and washcloth after)							
Put all dirty clothes in the laundry							
Lay out my school clothes							
SCHOOL/WORK							
Complete homework promptly							
Did I work hard and take pride in my work/lessons today?							
Remember everything needed for the day.							
Did I treat my classmate/co-workers and teachers with respect?							
FAMILY							
Pick up all personal belongings around the house							
Clean up after meal (take out trash)							
Did I treat my parents/spouse and siblings with respect?							

Parent Signature _____ Date _____

Stripe

Instructor Signature _____ Date _____



ON A QUEST TO BE THE BEST!!