

Class Schedule

| Levels | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|------------|---------------------------|------------|------------|--------|--------------|
| Ki Gong (Meditation) | | 8:30-9:15a (zoom only) | | | | |
| Little Dragons (White Stripe Belts) Beginners: 3-7 year old | 4:00-4:45p | 4:30-5:15p | 4:00-4:45p | 4:30-5:15p | | 10:30-11:15a |
| | 6:00-6:45p | | 6:00-6:45p | | | |
| Junior Achievers (Yellow Stripes) Beginners: 7 and older | 4:00-4:45p | 5:30-6:15p | 4:00-4:45p | 5:30-6:15p | | 11:30-12:15p |
| | 6:00-6:45p | | 6:00-6:45p | | | |
| Level 1 Yellow, Yellow/Orange, Orange Belts | 4:00-4:45p | 5:30-6:15p | 4:00-4:45p | 5:30-6:15p | | 11:30-12:15p |
| | 6:00-6:45p | | 6:00-6:45p | | | |
| Level 2 Orange/Green, Green, Green/Brown Belts | 5:00-5:45p | 6:30-7:15p | 5:00-5:45p | 6:30-7:15p | | 9:30-10:15a |
| Level 3 Brown, Brown/Red, Red Belts | 5:00-5:45p | 6:30-7:15p | 5:00-5:45p | 6:30-7:15p | | 9:30-10:15a |
| Level 4 Red/Blue, Blue, Blue/Black | 7:00-8:15p | 6:30-7:15p | 7:00-8:15p | 6:30-7:15p | | 9:30-10:15a |
| Level 5 Black Belts | 7:00-8:15p | 6:30-7:15p | 7:00-8:15p | 6:30-7:15p | | 9:30-10:15a |
| Adult (13+) All Levels | | 7:45-8:30p | | 7:45-8:30p | | 9:30-10:15a |

Leadership classes are for 15 minutes after regular class times.