

## Class Schedule

Levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Ki Gong</b> (Meditation)		8:30-9:15a (zoom only)				
<b>Little Dragons</b> (White Stripe Belts) Beginners: 3-7 year old	3:30-4:15p	4:30-5:15p	3:30-4:15p	4:30-5:15p		10:30-11:15a
	6:00-6:45p		6:00-6:45p			
<b>Junior Achievers</b> (Yellow Stripes) Beginners: 7 and older	3:30-4:15p	5:30-6:15p	3:30-4:15p	5:30-6:15p		11:30-12:15p
	6:00-6:45p		6:00-6:45p			
<b>Level 1</b> Yellow, Yellow/Orange, Orange Belts	3:30-4:15p	5:30-6:15p	3:30-4:15p	5:30-6:15p		11:30-12:15p
	6:00-6:45p		6:00-6:45p			
<b>Level 2</b> Orange/Green, Green, Green/Brown Belts	4:30-5:15p	6:30-7:15p	4:30-5:15p	6:30-7:15p		9:30-10:15a
<b>Level 3</b> Brown, Brown/Red, Red Belts	4:30-5:15p	6:30-7:15p	4:30-5:15p	6:30-7:15p		9:30-10:15a
<b>Level 4</b> Red/Blue, Blue, Blue/Black	7:00-8:15p	6:30-7:15p	7:00-8:15p	6:30-7:15p		9:30-10:15a
<b>Level 5</b> Black Belts	7:00-8:15p	6:30-7:15p	7:00-8:15p	6:30-7:15p		9:30-10:15a
<b>Adult (13+)</b> All Levels		7:45-8:30p		7:45-8:30p		9:30-10:15a

**Leadership classes are for 15 minutes after regular class times.**