

Class Schedule

Zoom 368-076-741 password: tbkrocks

Levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ki Gong (Meditation)		8:30-9:15a (zoom only)				
Little Dragons (White Stripe Belts) Beginners: 3-7 year old	3:30-4:15p	4:30-5:15p	3:30-4:15p	4:30-5:15p		10:30-11:15a
	6:00-6:45p		6:00-6:45p			
Junior Achievers (Yellow Stripes) Beginners: 7 and older	3:30-4:15p	5:30-6:15p	3:30-4:15p	5:30-6:15p		11:30-12:15p
	6:00-6:45p		6:00-6:45p			
Level 1 Yellow, Yellow/Orange, Orange Belts	3:30-4:15p	5:30-6:15p	3:30-4:15p	5:30-6:15p		11:30-12:15p
	6:00-6:45p		6:00-6:45p			
Level 2 Orange/Green, Green, Green/Brown Belts	4:30-5:15p	6:30-7:15p	4:30-5:15p	6:30-7:15p		9:30-10:15a
Level 3 Brown, Brown/Red, Red Belts	4:30-5:15p	6:30-7:15p	4:30-5:15p	6:30-7:15p		9:30-10:15a
Level 4 Red/Blue, Blue, Blue/Black	7:00-8:15p	6:30-7:15p	7:00-8:15p	6:30-7:15p		9:30-10:15a
Level 5 Black Belts	7:00-8:15p	6:30-7:15p	7:00-8:15p	6:30-7:15p		9:30-10:15a
Adult (13+) All Levels		7:45-8:30p		7:45-8:30p		9:30-10:15a

Leadership classes are for 15 minutes after regular class times.